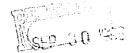


1559 '98 OCT -6 P3:00

September 24, 1998



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Re: Notification of DSHEA nutritional support claim for AmeriFIT Creat-a-Gain Dietary Supplement

Dear Sir or Madam:

The purpose of this letter is to provide notification pursuant to section 403 (r)(6) of the Federal Food, Drug, and Cosmetic Act ("the Act") and 7 C.F.R. § 101.93 that AmeriFIT, Inc., is marketing a dietary supplement that bears a statement of nutritional support as defined in section 403 (r)(6) of the Act.

The labeling for AmeriFIT's Creat-a-Gain bears the following statement(s):

"Hypocaloric Mass Potentiator"

"With Cell Volumizing Creatine"

"The . . . formula features cell volumizers, anti-catabolic nutrients . . . "

AmeriFIT, Inc. has on file substantiation that the above statements are truthful and not misleading. To the best of my knowledge, the information contained in this notice is complete and accurate.

Sincerely,

Craig Larsen

Director of Product Development and Quality Assurance

61465

Corporate Headquarters 166 Highland Park Drive Bloomfield, CT 06002 1-800-990-FIRM (3476) (860) 242-FIRM (3476)

FAX: (860) 243-9400

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